



STATE COLLEGE YMCA

Personal Basketball Lessons Request Form

Contact:

Name: _____ Date: _____

Email: _____ Phone: _____

Participant Information:

Name: _____ Age: _____

Times Available:

- Monday – 10:30 AM – 12:30 PM
- Wednesday – 10:30 AM – 12:30 PM
- Friday – 10:30 AM – 12:30 PM

Lessons will run for ONE HOUR only for ages 10 and up.

Pricing:

Members	Non-Members
One session: \$40.00	One session: \$50.00
Four Sessions: \$150.00	Four Sessions: \$180.00

Personal basketball lessons are available with Jaden Mitchell – a College Basketball Player. Personal basketball lessons are designed to help players improve their skills through drills and exercises. Skills covered include shooting, dribbling, finishing, and footwork.

Jaden will contact you as soon as you have filled out a form and he has looked over his schedule. PLEASE DO NOT register or pay for any sessions until you have discussed your sessions with Jaden.

For more information, contact Emily Conkey, Senior Health and Wellness Director, at econkey@ymcaocc.org or (814) 237-7717.