

Pool Schedule August 3 2026	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday	Sunday
6:00:00 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
6:30:00 AM	6:05-7:05am	6:05-7:05am	6:05-7:05am	6:05-7:05am	6:05-7:05am		
7:00:00 AM	Sr. Lap Swim	Sr. Lap Swim	Sr. Lap Swim	Sr. Lap Swim	Sr. Lap Swim		
7:30:00 AM	7:15-8:15am	7:15-8:45am	7:15-8:15am	7:15-8:45am	7:15-8:15am		
8:00:00 AM						Lap Swim	
8:30:00 AM	Water Walking		Water Walking		Water Walking	8:05-8:55am	
9:00:00 AM	8:30-9:30am	Aquacise	8:30-9:30am	Aquacise	8:30-9:30am	Swim Lessons	
9:30:00 AM		9:00-10:00am		9:00-10:00am		9:00-12:30pm	
10:00:00 AM		Childcare Swim Lessons		Childcare Swim Lessons			
10:30:00 AM	Slow and Easy	10:00-11:00am	Slow and Easy	10:00-11:00am	Slow and Easy		
11:00:00 AM	10:30-11:45am	Lap Swim	10:30-11:45am	Lap Swim	10:30-11:45am		
11:30:00 AM		11:15am-12:15pm		11:15am-12:15pm			
12:00:00 PM	Lap Swim		Lap Swim		Lap Swim		
12:30:00 PM	12:00-1:00pm		12:00-1:00pm		12:00-1:00pm		
1:00:00 PM							
1:30:00 PM							
2:00:00 PM							
2:30:00 PM	Open Swim		Open Swim				
3:00:00 PM	2:30-5:00pm		2:30-5:00pm				
3:30:00 PM							
4:00:00 PM		Open Swim		Open Swim			
4:30:00 PM		4:00-6:00pm		4:00-6:00pm			
5:00:00 PM	Lap Swim		Lap Swim				
5:30:00 PM	5:00-6:30pm		5:00-6:30pm				
6:00:00 PM		Swim Lessons (3)		Swim Lessons (3)			
6:30:00 PM		6:00-7:30pm		6:00-7:30pm			
7:00:00 PM	Water Workout		Water Workout				
7:30:00 PM	6:45-7:45pm		6:45-7:45pm				
8:00:00 PM							