



Summer Lunch Program Menu for August 1 – 5

Monday, August 1:

Lunch: Chicken tenders, pierogies, carrot coins, peaches, and milk

Snack: Cheez-Its and juice

Tuesday, August 2:

Lunch: Hot dog on a roll, chips, baked beans, pears, and milk

Snack: Goldfish crackers and juice

Wednesday, August 3:

Lunch: Spaghetti with meat sauce, breadstick, green beans, applesauce, and milk

Snack: Nutri-Grain bar and juice

Thursday, August 4:

Lunch: Chicken fajita stir fry, mixed vegetables, mixed fruit, and milk

Snack: String cheese and juice

Friday, August 5:

Lunch: Turkey and cheese sandwich, chips, carrot sticks, apple, and milk

Snack: Fruit snacks and juice

Learn more at www.ymcaocc.org.