		V	/elines:	s Classe	es		
Monday	Tuesday	Wednesday		Thursday	Friday	Saturday	Sunday
Cycling	Circuit Training	Cycling		Circuit Training	Cycling		
with Jen	with Danielle	with Jen		with Danielle	with Jen		
6:05-6:45am	6:05-6:45am	6:05-6:45am		6:05-6:45am	6:05-6:45am		
Sr Strength Training	Gentle Stretch & Balance	Sr Strength Training		Gentle Stretch & Balance	Sr Strength Training		
with Matt	with Deb	with Matt		with Deb	with Matt		
8:00-8:45am	8:00-8:45am	8:00-8:45am		8:00-8:45am	8:00-8:45am		
Yoga	Silver Sneakers	Yoga		Silver Sneakers			
with Stephanie	with Matt	with Stephanie		with Matt			
10:30-11:30am	9:00-9:45am	10:30-11:30am		9:00-9:45am			
Circuit Training	Circuit Training	Circuit Training		Circuit Training			
with Sue	with Matt	with	Matt	with Matt			
6:00-7:00pm	12:00-12:45pm	12:00-1	.2:45pm	12:00-12:45am			
·		Circuit Training	Zumba				
		with Sue	with Adriana				
		6:00-7:00pm	6:00-7:00pm				
			Crare Cr				
			Gym S	chedule			
Monday	Tuesday	Wednesday	Gym So	chedule	Saturday	Sur	nday
Monday Open Gym	Tuesday Open Gym					Sur	nday
•		Wednesday	Thursday	Friday	Saturday Lunch Bunch	Sur	nday
Open Gym	Open Gym	Wednesday Open Gym	Thursday Open Gym	Friday Open Gym	Saturday	Sur	nday
Open Gym 6:00-10:00am	Open Gym 6:00-10:00am	Wednesday Open Gym 6:00-10:00am	Thursday Open Gym 6:00-10:00am	Friday Open Gym 6:00-10:00am	Saturday Lunch Bunch	Sur	nday
Open Gym 6:00-10:00am Childcare	Open Gym 6:00-10:00am Childcare	Wednesday Open Gym 6:00-10:00am Childcare	Thursday Open Gym 6:00-10:00am Childcare	Friday Open Gym 6:00-10:00am Childcare	Saturday Lunch Bunch 8:00-10:00am	Sur	ıday
Open Gym 6:00-10:00am Childcare 10:00-11:30am	Open Gym 6:00-10:00am Childcare 10:00-11:30am	Wednesday Open Gym 6:00-10:00am Childcare 10:00-11:30am	Thursday Open Gym 6:00-10:00am Childcare 10:00-11:30am	Friday Open Gym 6:00-10:00am Childcare 10:00-11:30am	Saturday Lunch Bunch 8:00-10:00am Open Gym	Sur	iday
Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch	Open Gym 6:00-10:00am Childcare 10:00-11:30am Homeschool Gym & Swim	Wednesday Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch	Thursday Open Gym 6:00-10:00am Childcare 10:00-11:30am Open Gym	Friday Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch	Saturday Lunch Bunch 8:00-10:00am Open Gym	Sur	nday
Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch 12:00-2:00pm	Open Gym 6:00-10:00am Childcare 10:00-11:30am Homeschool Gym & Swim 12:00-2:00pm	Wednesday Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch 12:00-2:00pm	Thursday Open Gym 6:00-10:00am Childcare 10:00-11:30am Open Gym 11:30-3:00pm	Friday Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch 12:00-2:00pm	Saturday Lunch Bunch 8:00-10:00am Open Gym	Sur	nday
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Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch 12:00-2:00pm Open Gym 2:00-3:00pm	Open Gym 6:00-10:00am Childcare 10:00-11:30am Homeschool Gym & Swim 12:00-2:00pm Open Gym 2:00-3:00pm	Wednesday Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch 12:00-2:00pm Open Gym 2:00-3:00pm Childcare	Thursday Open Gym 6:00-10:00am Childcare 10:00-11:30am Open Gym 11:30-3:00pm Childcare 3:00-4:30pm	Friday Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch 12:00-2:00pm Open Gym 2:00-3:00pm	Saturday Lunch Bunch 8:00-10:00am Open Gym	Sur	nday
Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch 12:00-2:00pm Open Gym 2:00-3:00pm Childcare 3:00-4:30pm	Open Gym 6:00-10:00am Childcare 10:00-11:30am Homeschool Gym & Swim 12:00-2:00pm Open Gym 2:00-3:00pm Childcare 3:00-4:30pm	Wednesday Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch 12:00-2:00pm Open Gym 2:00-3:00pm Childcare 3:00-4:30pm	Thursday Open Gym 6:00-10:00am Childcare 10:00-11:30am Open Gym 11:30-3:00pm Childcare 3:00-4:30pm Open Gym	Friday Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch 12:00-2:00pm Open Gym 2:00-3:00pm Childcare 3:00-4:30pm	Saturday Lunch Bunch 8:00-10:00am Open Gym	Sur	iday
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Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch 12:00-2:00pm Open Gym 2:00-3:00pm Childcare 3:00-4:30pm Open Gym	Open Gym 6:00-10:00am Childcare 10:00-11:30am Homeschool Gym & Swim 12:00-2:00pm Open Gym 2:00-3:00pm Childcare 3:00-4:30pm	Wednesday Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch 12:00-2:00pm Open Gym 2:00-3:00pm Childcare 3:00-4:30pm Open Gym	Thursday Open Gym 6:00-10:00am Childcare 10:00-11:30am Open Gym 11:30-3:00pm Childcare 3:00-4:30pm Open Gym 4:30-6:00pm Basketball	Friday Open Gym 6:00-10:00am Childcare 10:00-11:30am Lunch Bunch 12:00-2:00pm Open Gym 2:00-3:00pm Childcare 3:00-4:30pm Open Gym	Saturday Lunch Bunch 8:00-10:00am Open Gym	Sur	iday
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Schedule is subject to change.